

Nutrition Education Program



*Improving nutrition & health
in communities statewide*

5 Focus Areas of NEP

The Nutrition Education Program (NEP) works with limited-resource audiences in 5 areas:

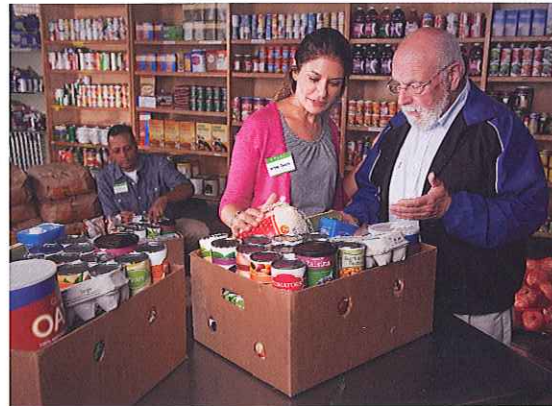
1. Nutrition
2. Physical activity
3. Food safety
4. Food security (hunger)
5. Food resource management (stretching food dollars)



NEP Target Audiences

The Purdue Extension Nutrition Education Program serves:

- SNAP recipients
- Limited-resource individuals of all ages (youth, seniors, singles, homeless, migrants, families, single parents)
- Eligible schools (50% or more free & reduced lunch)



PURDUE | NUTRITION EDUCATION EXTENSION | PROGRAM

Improving nutrition and health in communities statewide

Purdue University is an EOE/AA employer. All individuals, including minorities, women, individuals with disabilities, and veterans are encouraged to apply.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your county Extension office.

Improve Your Community's Nutrition & Health

Are you interested in partnering with the Purdue Extension Nutrition Education Program (NEP) on nutrition education or community change strategies related to nutrition and health? Thanks to federal funding, NEP offers two major initiatives to your county, FREE of charge.

1. Nutrition Education/SNAP-Ed

Contact your local Purdue Extension NEP Assistant to provide nutrition education to your clients or staff.

Our research-based programming is fun, hands-on and easy to understand. The highly interactive lessons help participants plan nutritious meals, be active, handle food safely, spend food dollars wisely, and improve food purchasing and preparation skills.

Lessons take place throughout your community:

Senior & community centers	WIC
Faith-based organizations	Work sites
Food pantries/meal sites	Libraries
Preschools/schools	Shelters
Farmers markets	Head Start



2. Community Wellness Coordinators

Our Community Wellness Coordinators help make the healthy choice the easy choice.

Instead of focusing on direct nutrition education, they collaborate with community partners on broader community change that involves policies, systems and environments.

Ask about our work in:

Health coalitions	Farm to school
Community gardens	Farmers markets
School and workplace wellness	Active living
Healthy corner stores	Food access
Trails and parks	Food pantries

Contact Us Today

Boost your community's nutrition and health. Help make the healthy choice the easy choice. It's easy! Contact your local Purdue Extension Nutrition Education Program today.

Connect with Us



Find your local Purdue Extension Office
1-888-EXT-INFO (398-4636)



<http://bit.ly/PurdueNEP>



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