



HEALTHY COMMUNITY ALLIANCE

of East Central Indiana

Steering Committee Meeting

August 7, 2019

NOTES

In Attendance- Nathan Taylor, Jordan Moss, Lindsey Cox, Mary Anne Pope, Heather Williams, Tricia Stanley, John Disher, Madeline Tatum (guest). Via telephone: Lori Mathis, Vicki Delzeith, Cheri Brown.

Recap of June All-Partner Meeting- John reported 55 attendees and noted that a video courtesy of Steve Perry is available on the HCA website. Also, a story about the Purdue Extension receiving the HCA 100,000 Award in memory of George Branam is posted on the HCA Website. Attendees at the All-Partner meeting filled out a response card related to their interest in a workshop regarding grant writing. Preferences leaned towards a ½ day seminar. Molly, Heather, John and Lori will convene to move forward with planning. Intent is to make this offering available to any interested community organization.

Workgroup Updates

Tobacco Free Delaware County Coalition- Jordan noted that the Little Red Door Cancer Agency received a renewal of the 2 year ISDH Tobacco Prevention and Cessation grant (which funds his position at coordinator) as well as 2 additional grants to fund a part-time Tobacco Coordinator position in Blackford County as well as a part-time position for youth prevention activities in Delaware County. The two part time positions were combined into a single fte position and an offer has been extended to an individual to fill this opening. Jordan, John and the new coordinator will work out details for holding the grant-required 10 tobacco meetings per year in Blackford County, with 6 of those being the current HCA Blackford Workgroup meetings in Hartford City, and the other 4 possibly held in Montpelier as a way of encouraging engagement in that community. Great American smokeout is coming, Jordan working on local tactics and will share with HCA Partners via John.

Nutrition Workgroup- John noted next meeting is August 13. Topic will be Nathan's vision for new ways to look at mindful eating, plus a grant offering from ISDH for community cooking classes. Group has been helpful with feedback for the upcoming toolkit content related to children and healthy eating.

Physical Activity- John described how the group is working on a Story Walk pilot project in Delaware County. Group has been helpful with feedback for the upcoming toolkit content related to children and healthy eating.

Food Council- John noted that the group is meeting monthly, averaging 15-20 people at each meeting. Focused on Farm to school initiative and food waste stream diversion initiative.



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Blackford- Lindsey Cox from Purdue Extension is the new Community Wellness Coordinator for Delaware and Blackford Counties. Chelsie Jaramillo transferred to Madison county so as to be closer to home. Lindsey noted that the Blackford HCA Workgroup, after completing the [CDC Change Tool](#) process, has been involved with several projects, including a community garden, establishing a wellness committee within Blackford Community Schools, and creating new Blackford Greenway amenities to draw users, including signage to identify plants and birds, plus a Story Walk area coming in partnership with IU Health.

Jay- John reported the addition of 5 new HCA Partners in Jay County. John and Cheri will work with other individuals to implement the CDC Change Tool in the future.

Seymour street garden collaboration- HCA Partners are collaborating to create a community garden near the MITS headquarters on Seymour Street in Muncie. Ivy Tech, MITS, Muncie Sunrise Rotary are holding a planning meeting 8-9-19 at 2:30pm.

IU Health Coalition Building Support- John asked the group to review the recently created white paper outlining the steps to create a HCA-style coalition. The document is intended for other IU Health regions and will be accompanied by a webinar series to motivate and instruct. John will reach out for Steering Committee members willing to add commentary during the webinar(s).

Guest- Madeline Tatum, Prescription Drug Overdose (PDO) Community Outreach Coordinator, Division of Trauma and Injury Prevention, Indiana State Department of Health.

Madeline spent a few minutes outlining the work done by the Division of Trauma and Injury Prevention and what her role as community outreach coordinator entails. Some highlights:

- Assigned to work in 8 counties, including Delaware and Jay. 24 counties total have coordinators, identified by high # of overdoses.
- Works primarily with local coordinating councils, but welcomes connecting with any organization involved with addictions.
- Can do Naloxone training
- Can do Opioid 101 programming

MADELINE TATUM *Prescription Drug Overdose (PDO) Community Outreach Coordinator*

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The Division of Trauma and Injury Prevention generates multiple resources to keep our partners informed about the opioid epidemic in Indiana:

- Visit our [overdose prevention website](#) to view county-level Indiana data on opioid dispensing, overdose deaths, non-fatal ED visits, and non-fatal hospitalizations.
- You can also visit [Stats Explorer](#) to view more of the aforementioned data, as well as related health data including HIV and Hepatitis C burden, by selecting "county opioid profile" in the search bar.

If you have additional questions, please e-mail us at indianatrauma@isdh.in.gov.



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Purdue Extension Update- State Fair is underway with Purdue Extension presence. Molly attending a [Hemp Diagnostic Field Day](#) in Blackford County today and unable to join us.

DC Wellness Pros updates- The group is working on resubmitting the Indiana Healthy Community Designation; Indiana Wellness Summit is Sept. 17 and 18; Nathan having conversations regarding a potential initiative related to mindful eating. With funding, he could become certified to teach this program and share with employers and other organizations. <https://amihungry.com/>

Adjourn at 1:05pm