



HEALTHY COMMUNITY ALLIANCE

of East Central Indiana

Healthy Community Alliance Jay County Partner Meeting

NOTES

July 12, 2019, Noon-1:00pm

Jay County Fairground, Portland

Attending: Tracy Carpenter, First Bank of Berne; Emily Leas, Meridian Health Services; Kim Schmitz, Community and Family Services; Kimbra Chenoweth-O'Brien, Jay County Drug Prevention Coalition; Cheri Brown, Purdue Extension; Vicki Delzeith, IU Health Jay; John Disher, IU Health East Central Region.

HCA Toolkits/Partner recruitment – John Disher provided a current partner list and noted that 4 new Jay County Partners have been recruited since this group last met. John also brought extra copies of the Tobacco Toolkits and HWAL Toolkits.

Tobacco Coordinator Update – Kimbra Chenoweth-O'Brien announced that the Indiana Tobacco Prevention and Cessation (TPC) grant was awarded to the Jay County Drug Prevention Coalition to fund a part time position beginning July 1. Currently advertising and interviewing for the position. 1st 6 months will be building capacity, knowledge; priorities will include Point of Sale audits, policies for schools, multi-use housing and building a provider network. John noted that the HCA would be happy to serve as a tobacco coalition as per the model currently in place in Blackford County if that would be helpful.

Purdue Extension Update – Cheri Brown announced that planning was underway to set up a space in the fairground 4H building for Pickleball courts, starting in fall. Will also be offering a mental health first aid training in September at IU Health Jay Hospital, also offering a new strengthening family and kids program this fall.

CDC Change Tool conversation – John Disher/Cheri Brown described the basic elements of the CDC Change Tool process and how it was successfully implemented in Delaware and Blackford Counties by the 2 full time Purdue Community Wellness Coordinators assigned to those counties. Jay does not have a CWC from Purdue Extension, but John and Cheri proposed dividing the survey work among the various HCA Partners in Jay County. The process involves structured interviews/questionnaire with organizations from sectors of education, health, business and industry. The completed document then becomes a guide for strengths and opportunities to assist with community health improvement projects. The group voiced support for moving forward with the initiative. John, Cheri and Vicki will work to create a framework for other HCA Partners to get involved in the process. More info below.



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Group Sharing Time/Announcements/What Can the HCA Promote

Mental health First Aid Day by Purdue Extension- John will push out to Jay Partners. Emily Leas from Meridian noted afterwards that *"We can train others outside of Meridian in youth and adult MHFA. Jennifer Henderson and Lori Mathis are our trainers. Also, I was just informed we have 15 people next week, and 15 more getting trained in the fall; so we will be able to provide several trainings for the community as needed throughout our service areas."*

Emily Leas also shared some successes she has had at the Meridian office with employee wellness promotions- John will connect with her to draft up a newsletter article to share those successes. Discussion regarding small offices teaming up to do wellness challenges.

Next Meeting/Agenda/Location

Date- September 13, Noon. Location tbd

Adjourn 1:00pm

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About CHANGE <https://www.cdc.gov/nccdphp/dnpao/state-local-programs/change-tool/about.html>

Community Health Assessment and Group Evaluation (CHANGE) is a data-collection tool and planning resource for community members who want to make their community a healthier one. This tool walks community team members through the assessment process and helps define and prioritize possible areas of improvement. Having this information as a guide, community team members can create sustainable, community-based improvements that address the root causes of chronic diseases and related risk factors. It can be used annually to assess current policy, systems, and environmental change strategies and offer new priorities for future efforts.

Purpose of the CHANGE Tool

The purpose of the CHANGE Tool is to:

- Identify community strengths and areas for improvement.
- Identify and understand the status of community health needs.



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- Define improvement areas to guide the community towards population-based strategies that create a healthier environment (e.g., increased physical activity, improved nutrition, reduced tobacco use and exposure, and chronic disease management).
- Assist with prioritizing community needs and consider appropriate allocation of available resources.

CHANGE Tool Benefits

- Allows local stakeholders to work together in a collaborative process to survey their community.
- Offers suggestions and examples of policy, systems, and environmental change strategies.
- Provides feedback to communities as they institute local-level change for healthy living.

Five Sectors of CHANGE Tool

For each sector, this tool includes specific questions to be answered in the areas of demographics, physical activity, nutrition, tobacco, chronic disease management, and leadership. In addition, the school sector includes questions related to the school district and after-school program.

- **[Community-At-Large Sector Cdc-pdf\[PDF-157KB\]](#)** includes communitywide efforts that impact the social and built environments, such as improving food access, walkability or bikeability, tobacco use and exposure, or personal safety.
- **[Community Institution/Organization \(CIO\) Sector Cdc-pdf\[PDF-157KB\]](#)** includes entities within the community that provide a broad range of human services and access to facilities, such as childcare settings, faith-based organizations, senior centers, boys and girls clubs, YMCAs, and colleges or universities.
- **[Health Care Sector Cdc-pdf\[PDF-148KB\]](#)** includes places where people go to receive preventive care or treatment, or emergency health care services, such as hospitals, private doctors' offices, and community clinics.
- **[School Sector Cdc-pdf\[PDF-241KB\]](#)** includes all primary and secondary learning institutions (e.g., elementary, middle, and high schools, whether private, public, or parochial).
- **[Work Site Sector Cdc-pdf\[PDF-152KB\]](#)** includes places of employment, such as private offices, restaurants, retail establishments, and government offices.