



HEALTHY COMMUNITY ALLIANCE

of East Central Indiana

Steering Committee Meeting

5-1-19

NOTES

In Attendance: Cheslie Jaramillo, Nathan Taylor, Molly Hunt, Heather Williams, Marta Moody, John Disher.

Updates:

June 7 HCA All-Partner Meeting – John discussed possible pairing of a grant writing primer or workshop of some kind. Presenters to include Muncie Public Library, Fred Hoffman, and a possible speaker from Jay County. Group discussed a presentation about the HCA partnership that is making laundry coupons available to resource limited audiences. John will follow up on that. Will invite White Spot Laundry to take part- for laundry coupon project as well as recognizing during the tobacco portion of the program. (No steering committee meeting June 5).

Purdue Extension- Chelsie Jaramillo reported that:

-Blackford HCA Workgroup has advanced projects forward related to community garden and greenway signage; however some items have stalled due to funding , materials and weather.

The group will next meet May 24 to re-assess initiatives.

-Food Council is working on farm to school facilitation and food rescue communication initiatives.

-Annual farmers market list will be ready by July. John will share with HCA Partners.

-Urban Garden Coalition will be present at Minnetrista Garden Fair this year, also providing guidance for the Ivy tech/MITS/Sunrise Rotary discussions regarding moving raised beds to Seymour Street location.

Molly noted that she hopes the new Community Wellness Coordinator to be in place by June 3 (replacing Chelsie who has accepted a position in Madison County. Purdue Extension has a Horticulture Educator (Lauren) working on creating a partnership involving Master Gardeners. Purdue Extension, Muncie Food Hub and other partners with big ideas about community gardening, distribution etc., applying for a competitive grant to fund the ideas.

Molly will also be taking training to offer adolescent substance abuse sessions for parents in June or July. John will share info with partners when available.

Del Co. Wellness Professionals – Nathan is spearheading Delaware County’s renewal of the Indiana Healthy Community designation, engaged the DC Wellness group in April to fill out the application, he is now following up on questions and additional details. Next meeting is May 8, and will feature guest presenter Nicole Fallowfield, wellness council board member and workplace wellness paradigm pioneer will present on incentives, employee engagement and motivation.



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HCA Jay County Meeting and Recruitment:

John will be making a presentation to the Jay County Systems of Care Meeting May 14, this is a group that meets monthly to discuss safety net type resources in the community.

John will also present to the Portland Rotary Club June 5. His goal is to grow Jay County Partners by at least 5 in 2019.

Localized toolkit updates from Feb. Jay Workgroup- the Healthy Weight and Active Lifestyle Toolkit has been updated with Jay County resource information and will be unveiled at the upcoming May 10 Jay County Workgroup Meeting.

Tobacco Free Delaware County Coalition

John reported on behalf of Jordan, who was unable to attend. No Menthol Sunday - May 19th, we have a little over 20 churches participating so far.

World No Tobacco Day - May 31st, details to come, hope to do some social media promotion among our partners.

Recognition Banquet – will be part of the June 7 HCA All-Partners meeting.

Guest speaker June 26th - Tobacco addiction and behavioral health.

Flyer will be shared with HCA Partners with next set of meeting announcements.



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TOBACCO FREE,
COALITION OF DELAWARE
COUNTY

THE INTERSECTION OF TOBACCO AND BEHAVIORAL HEALTH CONSUMERS

JUNE 26, 2019

3:00 – 4:00PM

Open Door Health Services
333 S Madison St
Muncie, IN 47305



Tobacco Free, Coalition of Delaware County is offering to the community a free and interactive event reviewing the high prevalence of tobacco use among persons with mental health conditions and substance use disorders. Participants will gain a greater understanding of how tobacco use impacts recovery and learn about evidence-based best practices for tobacco treatment.

For questions or directions to this event, please call Jordan Moss at (765)-284-9063.



Kayla Hsu, MPH, CHES*
Community Outreach Manager
for Rethink Tobacco Indiana



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Small Group Brainstorming

HCA Nutrition workgroup goals- beef up Toolkit with children's materials; make available for children's farmers market initiatives. John asked for help with reformatting a family eating and activity guide "flipbook" that was put together about 7 years ago. The book will be reformatted with the HCA design.

IU Health Ball Memorial goals- Develop educational webinar and accompanying print materials based on ECR HCA experience to guide other regions in IUH about the potential formation of a health coalition. The group provided John with some specific suggestions regarding creation of a "Coalition formation guidebook and webinar" to aid other IU Health regions.

Other Announcements/Business

Adjourn at 1:20pm.