



HEALTHY COMMUNITY ALLIANCE

of East Central Indiana

HCA SD Core Team

February 3, 2021

11:30am-Noon via WebEx

NOTES

Attending: Lynn Witty, Amanda Bullion, Jordan Moss, Lindsey Cox, Vicki Delzeith, John Disher.

11:30am further revisions to overarching framing question for HCA in 2021

Framing question was refined to include 'action items'.

Refined question: "What would it look like if Partners were able to build connections, feel included, engage in generative discussion, learn effectively, and set action plans within meetings?"

11:40am work done to date on techniques/practices to support framing question

Conversations around advanced online meeting techniques.

Action Plan- promote 15 minutes prior to each meeting for unstructured conversations; invite 'lost' partners to present during meetings.

11:45am brief reports from individuals regarding Strategic Doing within your own work and interests to better health and wellness.

Lynn has teamed with Heather and Jacquie to form a core group around adult health education. Framing partners' back to question: "What if focusing on your wellbeing brings joy to your life."

Sydney will integrate a framing question into discussion at Feb. Tobacco Forum in Jay County

Jordan feels networking time would help tobacco coalition meetings

11:55am agree on action items for next 30 days

Will build networking time into upcoming HCA Workgroups, Tobacco meetings and monitor results. Continue to invite 'lost partners' to present when appropriate.

John to forward virtual techniques for better meetings seminar info along.

Lynn Witty- identify workshop participants for her workshop. John to investigate possible IUH involvement.

Wrap up at 11:57



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Steering Committee Meeting

February 3, 2021

Noon-1pm via WebEx

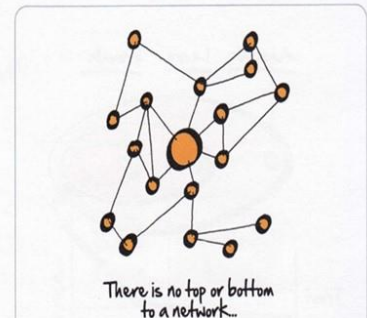
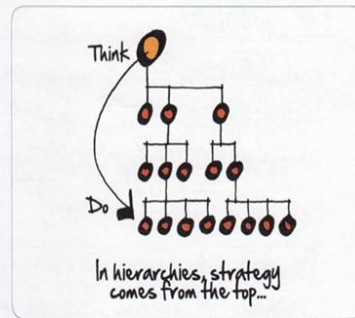
NOTES

Attending: Lori Mathis, Meridian Health Services; Suzanne Klem, Open Door Health Services; Lindsey Cox, Purdue Extension; Cheri Brown, Purdue Extension; Tricia Stanley, IU Health; Jordan Moss, Tobacco Free Delaware County Coalition; Sydney Haines, Jay County Tobacco Coalition; Bev Purtlebaugh, IU Health Philanthropy Council; Amanda Bullion, Purdue Extension; Lynn Witty, HLC, IU School of Medicine; Vicki Delzeith, IU Health; Heather Williams, Building Better Neighborhoods, Ball State University, Nathan Taylor, Del. Co. Wellness Pros; John Disher, IU Health.

Update from Strategic Doing HCA Core Team: John explained that several HCA Steering Committee members plus others from the health and wellness community have attended training on the use of a strategy planning technique especially useful when working with networks, such as coalitions. This group, named the HCA Strategic Doing Core Team will meet for 30 minutes prior to each HCA Steering Committee Meeting.

Strategic Doing

- Several members of the HCA have recently been trained in a process known as Strategic Doing, a way of addressing tough problems within loose networks. This process is far different than a traditional hierarchy. This core team will focus on strategic doing methodology to re-engage HCA Partners, build membership, and assist with audience influencing with online methods.



HIERARCHIES

NETWORKS



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Strategic Doing Practitioners (completed training)

- Sydney Haines
- Jordan Moss
- Amanda Bullion
- Lindsey Cox
- Sindee Fry
- Vicki Delzeith
- Dr. Lynn Witty
- Laurynn Thieme
- Nathan Taylor
- John Disher



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Strategic Doing Core Team

- Purpose
- Team Members employ Strategic Doing within own work and interests to better health and wellness in Del., BL and Jay Counties.
- Supporting the HCA's efforts in our 3 counties with increased partner engagement, new membership, and stronger audience influence among our Partner base.



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Strategic Doing- How Does it Work

- The heart of SD is what is known as a facilitated workshop, with 6-8 stakeholders, facilitated by a SD practitioner.
- Groups work from a pre-determined framing question- an
 - “what would it look like if...”
 - “Imagine if...”
 - “How could we...”
 - Touch hearts, prompt questions. Look at reality differently.
- 10 Rules to guide the conversation, including defining finding a “big easy” opportunity, define an outcome with measurable characteristics, and a subsequent pathfinder project with a short-term action plan for everyone to take a small step forward.



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Strategic Doing

- Current HCA SD Framing Question
 - “What would it look like if Partners were able to build connections, feel included, engage in generative discussion, learn effectively, and set action plans within meetings?”
 - “Big Easy” Create Networking time within online discussions
 - Action Plan- promote 15 minutes prior to each meeting for unstructured conversations; invite ‘lost’ partners to present
 - 30/30 reconvene, evaluate, act.
- Other HCA Core Team Member SD Plans
 - Dr. Lynn Witty



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Dr. Witty outlined a health education project centered at the Ross Community Center. She has formed a Strategic Doing Core Team to conduct a workshop around the framing question of “What if focusing on your wellbeing brings joy to your life.”

2021 IU Health CHNA Process: John outlined the upcoming Community Health Needs Assessment process.

2021 IU Health CHNA Process

- Triennial Community Health Needs Assessment
- Required by PPACA for non-profit hospital entities, reported on IRS Sched H
- Includes a Strategy Requirement
- IU Health Ball, Blackford and Jay
- Identify “significant” health needs in defined “community” (county or zip)
- Process
 - Community Survey
 - Focus Groups
 - Interviews
 - Secondary Data Review
 - Identify trends, multiple mentions = higher significance
 - Create report, publish
 - Strategy Development (internal, external, partnerships) HCA is example of strategy



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Past CHNA LINKS and Implementation Strategies:

[Community Benefit | IU Health](#)

Updates and opportunities roundtable- All

Suzanne- Open Door focused on Covid Testing and Vaccines. Wait times for appointment for Covid shots are favorable right now for 65+. Internal team member wellness programs have continued, tailored with WFH in mind; employee health fair modified to minimize contact.

Nathan Taylor, DC Wellness Pros- Heather is presenting at February meeting, meetings will move to Tuesdays starting in March; Health at any size project has connections with Lynn Witty, Lenny at HLC, Christy at Mursix.

Lindsey Cox- East Central Indiana Food Council has kicked off 2021 with efforts to engage vendors, farmers market sites to learn about 2021 plans and promote to multiple audiences. USDA Food boxes are back- distribution to multiple sites in Delawar, Blackford, Jay and Randolph Counties.



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Lori- Meridian busy with Covid vaccines, the Suzanne Gresham Center is ideal site, Monday this week performed over 150 injections. Pandemic has initiated new ways of thinking about team member wellness, focusing on WFH and on site efforts to encourage lunch and break activities. Meridian has opened a Women's Recovery Home.

Amanda- Purdue is hosting a "hosting better virtual meetings training". Partnership with Muncie Parks is bringing Dining with Diabetes and Heart Smart programs to Heekin Park in March. Scholarships available.

Jordan- Take Down Tobacco Day is in April, more details coming. 2 year ISDH Grant to fund Tobacco Coordinator is up in 6 months, process to reapply for additional 2 years is forthcoming.

Vicki- HCA Jay Workgroup will focus on continuing CDC Change Tool process; shifting to initiative development. Next meeting Feb 19, 2021.

Sydney- Community Tobacco input program for Jay County on Feb 12 will feature a youth speaker. Email Sydney and she will send you a zoom link. sydney@jcdpc.org

Cardiovascular & Diabetes Coalition of Indiana (CADI) presentation- John will talk about the HCA with this group on February 11. Info about CADI-

Jenna Marie Wozniak, Director of the Cardiovascular & Diabetes Coalition of Indiana (CADI)

Currently, CADI has moved to the Clinical Translational Sciences Institute (CTSI), located on the Indiana University Purdue University (IUPUI) campus, in order to utilize the connections of the coalition established through Purdue University and Indiana University. In 2019, CADI joined the Connections IN Health team and developed a new mission statement and vision for the coalition. CADI looks forward to helping with the burden of cardiovascular diseases, diabetes, and stroke around the state through education, collaboration, awareness, advocacy, and access to care.

Action Items for next 30 days

- Nutrition workgroup 2-9-21- webinar planning, integrate networking segment, invite speaker, John Lindsey, Nicole Koontz, Rhonda Wilson, Mandy Puckett
- Lynn- develop workshop participant list for health education workshop
- Delaware County Change Tool- Lindsey- project conversation, multiple HCA partners
- Jay County Change Tool- create summary of survey data, present to group- John, Vicki
- Engagement- build network time into upcoming meetings; ask Partners to present- John, Jordan, Lindsey, Sydney, Kyle Basicker.

Next Meeting: March 4, 2021.