



HEALTHY COMMUNITY ALLIANCE

of East Central Indiana

Nutrition Workgroup Meeting

December 10, 2019

NOTES

Attending: Krista Flynn, Mandy Puckett, Lindsey Cox, LeAnne, John Disher

Discussion- role of this group in 2020

- Project- engage with the Seymour Community Garden Project. Promote meeting to plan design, discuss care of etc.
- Media Messaging- engage in some modelling of how to use-“this is how ODHS uses the graphics and PDF’s”
- Survey- ask about nutrition-of the 3 of these what are most important to your lifestyle-dining out-label reading-sack lunches
- Focus groups session-what do organizations and individuals need? Highlight best practices- approaches are different for each group- drive thru vs sack lunch vs café.
- Is Canteen the only vendor? What options?
- Personal behavior- this is why you should be healthy- plan ahead
- Hear from some best practice organizations

Adjourn