Healthy Community Alliance Steering Committee Meeting November 14, 2018 NOTES

Attendees: George Branam, MD; Lori Mathis, Meridian Health Services; Matt Cox, IU Health; John Disher, IU Health; Steve Anderson, IUHBMH Foundation Board; Jane Ellery, Ball State University; Nathan Taylor, YOC and DC Wellness Pros; Dave Hyatt, IU Health; Vicki Delxeith, IU Health; Kortney Zimmerman, Cheslie Jaramilo, Molly Hunt from Purdue Extension.

Tobacco Free Delaware County Coalition: Jordan Moss was not able to come, so John noted that the coalition was working on obtaining opinion statements from local leaders regarding the proposed \$2 cigarette tax increase.

Food Council: Chelsie and John described how the HCA Nutrition Workgroup has supported the formation of a steering committee for a local Food Council. The steering committee is working to define, over time, exactly what the food council will do regarding Policy, Food Waste and Resource Management, and Food Access. The group is currently engaged in defining who the 'players' are in this arena, including restaurants currently participating in food waste programs. The most recent meeting was November 8th at Carnegie Library.

Blackford County Partner Meeting 11-16-18: Chelsie and John described how a regular series of meetings are being established in Hartford City to serve multiple purposes: an blended HCA workgroup tackling physical activity, nutrition and tobacco, a community action team to implement the CDC change tool process which identifies community strengths and weaknesses regarding physical activity, nutrition and tobacco; and as a local food council to consider policy, food waste and food access.

Jay County integration: John, Vicki and Dave described the recent process to add Jay County to the Healthy Community Alliance. A meeting with Jay County representatives 10-29-18 (see proposal at end of notes) resulted in a "yes vote" from the existing Jay County Alliance for Health. John and Vicki will engage in communication of next steps with Jay County Partners.

Current Jay County Alliance for Health Partners will become part of the Healthy Community Alliance:

Contact First	Contact Last	Organization	Address	City	State
Contact First	Contact Last	Organization	Address	City	State
Cheri	Brown	Purdue Extension	126 N Meridian	Portland	IN
Amy	Pelaston	State of the Heart Care	1237 W St Rd 67	Portland	IN
Tyler	Newell	Patriot Fitness	105 N Meridian St	Portland	IN
Kathy	James	West Jay Community Center	125 Hoover Dr.	Dunkirk	IN
Tracy	Carpenter	First Bank of Berne	185 Industrial Dr.	Portland	IN
Theresa	Inman	Inman Insurance	305 N Meridian	Portland	IN
Theresa	Inman	Jay County Trails Club	PO Box 126	Portland	IN
Melissa	Franks	Clear Choice Chiropractic	406 W Votaw St	Portland	IN
Cheryl	Lucas	Jay County Public Library	315 N Ship St	Portland	IN
Mark	Valentine	Valentine Feed & Supply	PO Box 1236	Portland	IN

Healthy Community Alliance name change: the group approved the adoption of a new name and logo. The Healthy Community Alliance of Delaware and Blackford Counties will become, effective immediately the Healthy Community Alliance of East Central Indiana. John presented new logo designs for review. Process of rebranding will begin immediately.

Presentation regarding "Web of Support"- Jane Ellery described how she has become involved in the arena of 'placemaking' – creating great places for people to live, work and play. Along the way she was introduced to Derek Peterson, who began working in schools as part of the "no child left behind" policy and who has pioneered the idea that kids who have a 'web of support' of at least 5 adults would thrive in the educational and social settings; kids who are 'thinly webbed' with lesser numbers of adults will not be as successful. Group discussed how this concept might translate to the workplace and organizations. View Derek's napkin video- https://youtu.be/Jx2GMbs99FU

Next Meeting: December 5, 2018

Proposal for Jay County: Expand the Healthy Community Alliance (HCA) to include a total of 3 counties-Delaware, Blackford and Jay in its collective impact model. (HCA of East Central Indiana.)

Organizations currently participating in the current Jay County Alliance for Health would become members in the Healthy Community Alliance. Partners would be asked to submit a Partner Agreement with one or more selections for areas of interest- physical activity, nutrition, tobacco cessation; and establish organizational point(s) of contact for HCA news, meetings and announcements.

A local ongoing HCA workgroup process would be established to:

- -Recruit additional partner organizations to expand collective impact of the project in Jay County.
- -Customize HCA materials to reflect resources and expertise in Jay County related to physical activity, nutrition and tobacco cessation.
- -Share best practices and improve networking and communications related to physical activity, nutrition and tobacco cessation in ways relevant to Partner organizations.
- -Partner with Purdue Extension to implement change tool process.

HCA Partners will receive a monthly e-newsletter and are encouraged to submit relevant subject matter to be communicated to other partners. (ex. times and locations of farmers market in Jay County.)

Partners will receive at no charge, HCA toolkits and access to downloads on the HCA website for use in influencing audiences to make healthy lifestyle choices.

The HCA website will be updated to include health status indicators for Jay County.

HCA workgroup meetings in Jay County will be facilitated by personnel from IU Health Ball and Jay Hospitals.

Representatives from Jay County will be invited to join the HCA Steering Committee which meets monthly at IU Health Ball Memorial Hospital.

The Jay County Alliance for Health will be dissolved. IU Health Jay Hospital will address other topics such as behavioral health identified in the community health needs assessment with a combination of partnerships, programs and committees.