

Healthy Community Alliance of Delaware and Blackford Counties
Steering Committee meeting
September 5, 2018

NOTES

Attending:

Bev Purtlebaugh, IUHBMH Foundation and PAWS, Inc.
Chelsie Jaramillo, Purdue Extension
Kortney Zimmerman, Purdue Extension
Molly Hunt, Purdue Extension
Lori Mathis, Meridian Health Services
John Disher, IUHBMH Foundation
Dave Hyatt, President, IUH Jay and Blackford Hospitals
Rod Stevens, COO, IUH Jay and Blackford Hospitals
Vicki Delzeith, IUH Jay Hospital Marketing and Foundation

Tobacco Free Delaware County Coalition-John reported that the Tobacco Free Delaware County Coalition is working on several activities, 1. Actively seeking 5-7 quality position statements re: \$1.50 tobacco tax; 2. Advocacy for In person support groups, section 8 Housing policies, and a tobacco free rewards program; 3. Promotion through LTEs, social media, guest speakers, and a youth tobacco free peer group.

Partner consultations update- John noted that:

61 consultations have been completed to date
11 Partners moved from no to yes in terms of having an influencing initiative in place
40 Partners now using an HCA provided resource for the first time
New Partners- Grace United Methodist, Hartford City. Discussion was held with Pathstone.

Recap Aug. 14 Nutrition Workgroup meeting- Chelsie reported on the August HCA Nutrition Workgroup which brought together 22 attendees (a record for a workgroup meeting) for a discussion about forming a Food Council in Delaware County to address policy, access, and healthy foods. The session included a presentation by HCA Partner Muncie Food Hub regarding history and interest so far in forming a local Food Council; an asset mapping exercise conducted by Del. Co. GIS staff, and a brainstorming focus activity.

Recap Aug. 29 Blackford County Partner Meeting- John and Chelsie reported on the HCA Blackford County Partner Meeting which was held at City Hall in Hartford City on August 29th. 27 People were in attendance representing multiple HCA Partners including Blackford County Corrections, Soccer League, Greenway, Farmers Market, Chamber of Commerce, Grace United Church and more. During the meeting John reviewed the collective impact model of the HCA and how each Partner can play a role; and Chelsie rolled out the Change Tool Model and asked for the help of this group to implement. The Change Tool, a

CDC best practice, identifies strengths and opportunities for improvement around physical activity, nutrition and tobacco cessation for various sectors of the community and will serve as a roadmap for HCA Partners to partner around and develop actions in the future. (See related Hartford City News Times article below.

Jay County Discussion- group

Vicki Delzeith and Dave Hyatt described how the Jay County Alliance for Health was formed, and modelled in part after the Healthy Community Alliance. Currently has about 15 community partners, but has not been active in part due to the recent IUH merger at Jay Hospital and all that it entailed.

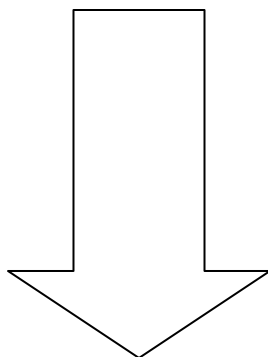
The group discussed the idea of integrating the Jay County Alliance for Health into the Healthy Community Alliance. Some focus areas of the Jay County Alliance such as mental health would not be addressed by the HCA, however it was felt that those issues could be addressed separately by IUH initiatives and the that the Jay Partners would be receptive to becoming part of the HCA with a focus on physical activity, nutrition and tobacco. Steering Committee members supported the idea and agreed to move forward. Dave will arrange for John to make a presentation to the stakeholders in Jay County as the next step. Should both sides agree, the name of the HCA will be changed to the Healthy Community Alliance of East Central Indiana.

Next meeting will be November 7, Noon. We will not have an October meeting.

Adjourned at 12:55pm.

Notes submitted by John D. Disher September 6, 2018.

SEE BELOW FOR NEWS TIMES ARTICLE FROM 9-5-18 regarding the HCA Blackford County Partner Meeting.



http://www.hartfordcitynewstimes.com/news/making-our-community-healthier/article_fceb320a-b04a-11e8-b95c-7f90878e9b33.html

FEATURED TOP STORY

Making our community healthier

By PAT HUGHES, News-Times Editor Sep 5, 2018 Updated 3 hrs ago



The goal is simple: A healthier community where residents live more active lives and a community with lower incidences of illnesses such as heart disease, cancer and other costly and debilitating afflictions.

http://www.hartfordcitynewstimes.com/news/making-our-community-healthier/article_fceb... 9/5/2018

And members of The Healthy Community Alliance of Delaware and Blackford Counties say they need your help to help make positive changes within the community.

"It's important that we all work together," said John Disher, public information officer for IU Health, during one of the first work groups for the organization has held in Blackford County.



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EVERQUOTE

Disher said the Alliance is hoping to increase the number of community partners within Blackford County who also would like to see the community become a healthier place to live, learn, work and play.

At least 20 businesses, individuals and organizations from Blackford County are already Alliance partners, including the Blackford County Foundation, Blackford County Schools, the county health department and the cities of Montpelier and Hartford City.

The Alliance's goal is to make healthy improvements in the community by focusing on three areas: improving physical activity, improving nutrition and reducing tobacco use.

The alliance of partners provides an opportunity to share what is happening in the community and what is needed to change for the better, Disher said.

"We are not about doing big events," Disher noted. "We are about bringing partners together so the partners can develop those big projects."

Chelsey Jaramillo said that the Alliance was promoting the Change Tool, a concept which helps identify ways to change.

As part of the process, Jaramillo said Alliance partners will visit various businesses, non profits and local officials and ask questions, such as What is available? What is successful? What changes are necessary for improvement?



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She asked those attendance to fill out a questionnaire and then to take the time in the next few weeks to start talking to others in the community.

The sharing of that information, Jaramillo said, would help partners find ways to make those improvements.

Disher said another workgroup meeting would be held probably in October so to discuss the information that partners learned and to further the conversation.

For more information about the Healthy Community Alliance, contact Disher at jdisher1@iuhealth.org or by calling (765) 747-3915.