

## YOUTH WORKER CAFÉ

# "REJECT" Documentary & Discussion: How Rejection can lead to Youth Violence, Self-harm and Suicide

Just a few minutes experiencing ostracism or rejection causes people to report a reduced sense of self-esteem, self-control, belonging and meaningful existence. In the United States, 28 percent of 12- to 18-year old students reported being bullied at school and one in 10 students drop out of school because of repeated bullying. Rejection can create surges of anger and aggression; correlations exist between peer rejection and higher rates of delinquency, arrest, violent behavior and substance abuse.

Join us for this screening of the film "REJECT," followed by a facilitated discussion about the effects of rejection and ostracism, and ways to overcome and prevent violence and tragedy. The documentary film "REJECT" takes an in-depth look at the science of social rejection, with a solution-oriented focus on the roots of bullying behavior and violent behavior against the self or others.

The film aims to raise public consciousness about the serious and potentially lethal consequences of interpersonal rejection in its many forms—peer bullying, parental neglect (or abuse), race discrimination, and other forms of social rejection across all ages. The film screening is made possible by Purdue Extension of Dubois County.

Facilitator: Cheri Brown, Extension Educator, Health and Human Services, Purdue Extension Blackford County

**Community Partners:** <u>Blackford County Community Foundation</u>, <u>Blackford County Schools</u>, Grant Blackford Mental Health

IYI Resources on this topic: Youth Suicide in Indiana Issue Brief; "Depression, Suicide and Self-Injury" or "Bullying and Bullying Prevention," Subject Guides

#### Wednesday, April 10, 2019

11:30 am - 1:30 pm

### **Blackford High School**

Student Theater 2392 North State Road 3 N. Hartford City, IN 47348

\*Enter at front entrance and press buzzer for admittance

RSVP via <u>Blackford County YWC</u>. If you have trouble with link, please go to <u>www.iyi.org/ywc</u> or email <u>Debbie</u>
Jones.

FREE: Lunch will be provided.

#### **Connect:**

Feel free to bring your program or resource information to share and to arrive early to stay after for additional networking.



For more information about this event or Indiana Youth Institute, contact IYI Outreach Manager Alison Palmer.